

# FUNCTIONAL NUTRITIONAL EVALUATION

Patient Name: \_\_\_\_\_ AGE: \_\_\_\_\_



## Bones & Joints

Do you have mobility issues, flexibility challenges or joint tenderness?

YES  NO

**Joint-Flex** - For injury / recovery: Joint-Flex (velvet antler for glucosamine + white willow bark/"nature's aspirin")

QTY \_\_\_\_\_

**Apothe-Cherry** - For gout: Apothe-Cherry (tart cherries promote healthy uric acid metabolism)

QTY \_\_\_\_\_

**40x Aloe Vera Concentrate** - For arthritic pain and inflammation: 40x Aloe Vera (polysaccharides + other anti-inflammatory compounds)

QTY \_\_\_\_\_

COMMENTS: \_\_\_\_\_



## Sleep

Has your injury / health condition affected your ability to sleep comfortably?

YES  NO

Do you get 8 hours of restful sleep every night?

YES  NO

**Apothe-Cherry** - For deep and restful sleep: Power of 10 Fruit (tart cherries contain melatonin to normalize circadian rhythms)

QTY \_\_\_\_\_

**Ionic Elements** - For relaxing muscles: Ionic Elements (fulvic acid + ocean-derived and plant-derived magnesium)

QTY \_\_\_\_\_

COMMENTS: \_\_\_\_\_



## Energy

Has your injury / health condition affected your ability to exercise?

YES  NO

Have you noticed dips in your energy?

YES  NO

**White American Ginseng Extract** - For mental energy, focus and alertness: White American Ginseng Extract (28 active ginsenosides)

QTY \_\_\_\_\_

**Bee Energetic** - For adrenal fatigue: Bee Energetic (bee pollen, Cordycep mushrooms, spirulina and more)

QTY \_\_\_\_\_

**Astaxanthin Advantage** - For muscle energy: Astaxanthin Advantage (an antioxidant 550 times more powerful than Vitamin E)

QTY \_\_\_\_\_

COMMENTS: \_\_\_\_\_



## Weight Loss & Cleansing

Have you gained weight since your injury / last visit?

YES  NO

Have you found yourself turning to more caffeine or sugary foods to try and stay active?

YES  NO

**Scoop of Greens** (clinically-proven to stabilize blood glucose levels)

QTY \_\_\_\_\_

**L.O.V.E. Super Meal** (20 grams of protein, 9 grams of fiber and only 210 calories)

QTY \_\_\_\_\_

**CONTROL Weight Loss Pack** (hunger suppressant capsules + 91 calorie whole food meal)

QTY \_\_\_\_\_

**Anabolic Fasting Pack** (600 calorie, 7-day cleanse with fasting protocol)

QTY \_\_\_\_\_

**Gluten-Free Anabolic Fasting Pack** (600 calorie, 7-day cleanse with fasting protocol)

QTY \_\_\_\_\_

COMMENTS: \_\_\_\_\_



## Anti-Aging

Would you like to be more proactive in your approach to health?

YES  NO

If you had a choice, would you like to look, feel and perform like a younger person?

YES  NO

**Renew Hair, Skin & Nails** (rebuild collagen from the inside)

QTY \_\_\_\_\_

**Revive-it-All** (Acetyl L-carnitine and alpha lipoic acid help reduce mental aging)

QTY \_\_\_\_\_

**Master Amino Acid Pattern** (bioavailable vegan protein) + Super Male Formula (testosterone booster)

QTY \_\_\_\_\_

Additional Notes: \_\_\_\_\_

Doctor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Nutritional products cannot cure diseases, however proper diet and targeted nutrition (with the proper medical supervision) can often support the body's natural ability to perform properly. The statements above have not been evaluated by the FDA and are meant only for use by licensed health professionals.

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